

CURRICULUM VITAE



Dr. Parveen Ahmed

Assistant Professor

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Field of Specialization

Physical education

Joining date of R.K. (PG) College, Shamli: 08th November 2006

Educational Qualifications

Examinations/Degree	Board/University
M. Phil	L.N.I.P.E. (Deemed University), Gwalior
M.P.E. - Physical Education	L.N.I.P.E. (Deemed University), Gwalior
Ph. D.- Physical Education	L.N.I.P.E. (Deemed University), Gwalior
NET	UGC-NET, JRF (Physical Education)

Awards/ Merits

S. No.	Name of Award/ Honor	Conferred by (Name of Body/Organization, etc.)	Year of Award
1.	Junior Research Fellowship	UGC	June, 2001

Publications (Research/Review/Lead/Book/Book Chapters/Popular Articles)

Research Papers

1. **Parveen Ahmed (2018)**. Comparison of selected psycho motor responses to varying levels of fatigue induced by squat thrust among judokas and weightlifters. *International Journal of Yogic, Human Movement and Sports Sciences*, **3(2)**: 539-543.
2. **Parveen Ahmed (2018)**. Comparative effect of two variations of circuit training on explosive strength, strength endurance and speed of movement of judokas. *International Journal of Yogic, Human Movement and Sports Sciences*, **3(2)**: 193-197.

Trainings and online courses

- UGC Sponsored **Orientation Course** from 18/02/2010 to 19/03/2010 at HRDC- ASC, Jamia Millia Islamia, New Delhi
- UGC Sponsored **Refresher Course in West Asian Studies** from 06/02/2014 to 26/02/2014 at HRDC- ASC, Jamia Millia Islamia, New Delhi
- UGC Sponsored **Refresher course in human rights and social inclusion** from 11/08/2014 to 02/09/2014 at HRDC- ASC, Jamia Millia Islamia, New Delhi

Seminar/Workshop/Symposium

- National workshop on research methodology and quantitative analysis organised by Shri Param Hans Education and Research Foundation Trust, (Regt. With the Government of NCT of Delhi and NITI -AAYOG) at Isara Institute of Management and Professional Studies, New Delhi from 11/06/2016 to 18/06/2016.

- International Webinar on managing physical fitness of body and mind (online) organized by St. Paul institute of professional studies, Indore at Department of physical education, St. Paul institute of professional studies, Indore on 08/06/2020.
- International Webinar on olympism and Olympic education in the 21st century (Online) organized by Olympic education and other academic matters committee Indian Olympic association at Olympic education and other academic matters committee Indian Olympic association from 11/06/2020 to 12/06/2020.
- Faculty development programme on recent trends in research and applied statistics (online) organized by Sun Rise University, Alwar from 13/06/2020 to 19/06/2020.
- Workshop on NAAC assessment and accreditation process (online) organized by Degree College of Physical education, Rashtriya Uchhtar Shiksha Abhiyan (RUSA) Maharashtra on 22/06/2020.
- National webinar on sports specific strength and conditioning program (online) organized by Department of physical education and sports of R. C. Patel ASC, College and H.R. Patel Arts Mahila College, Shirpur from 25/06/2020 to 28/06/2020.
- International Webinar on importance of physical education (online) organized by Everest sports academy and Everest yoga Institute Ludhiana, Punjab 04/07/2020.
- A quality improvement program on tools and techniques in writing quality research works (Online) organised by IQAC in association with department of commerce and financial studies, Atal Bihari Vajpayee University, Bilaspur on 05/07/2020
- International Webinar on challenges, opportunities and solutions during and post covid 19 (online) organized by Aadarsh college of arts nijampur, Maharashtra in collaboration with international federation for fitness health, physical education and iron, Dhahran, Saudi Arabia 06/07/2020 to 07/07/2020.
- National Webinar on exploring the possibilities of education and physical education teacher programmes in new education policy (online) organized by Faculty of education SVSU, Subharti University, subharti Puram, Meerut on 07/09/2020.

Additional information (if Any)

- Online National Webinar on National Education Policy (NEP) 2020 Planning for UG and PG Programs organized by R.K. (PG) College Shamli, UP on 30.08.2020
- **Secretary** (Sports Council) (UG & PG) at **R. K. (PG) College, Shamli, (CC-090)** w.e.f 2006 till now.